



Providers

[Podiatrist, DPM](#)

**John E. Codwell**  
5105 San Jacinto  
Houston, TX 77004  
(713) 526-0600  
[www.drcodwell.com](http://www.drcodwell.com)  
[ffcdoc@aol.com](mailto:ffcdoc@aol.com)

[Physician](#)

**Graham Time Family Physicians**  
Akili Graham  
2519 Ruth Street  
Houston, TX 77004  
(713) 520-8870  
[grahamtimemed@yahoo.com](mailto:grahamtimemed@yahoo.com)

**Graham Time Family Physicians**  
Monica Graham  
2519 Ruth Street  
Houston, TX 77004  
(713) 520-8870

**Dorothy Merritt**  
6807 Emmett F. Lowry Exprwy,  
STE 103  
Texas City, TX 77591  
(800) 360-3382

6807 Emmett F. Lowry Exprwy,  
STE 103  
Texas City, TX 77591  
(800) 360-3382

6807 Emmett F. Lowry Exprwy,  
STE 103  
Texas City, TX 77591  
(800) 360-3382  
[www.beleadfree.com](http://www.beleadfree.com)  
[pppclinic6@aol.com](mailto:pppclinic6@aol.com)

**Pediatrician**  
Lilliane Hay  
915 Gessner, STE 985  
Houston, TX 77024  
(713) 461-9100  
[www.haymd.com](http://www.haymd.com)  
[lhay@haymd.com](mailto:lhay@haymd.com)

[Chiropractor](#)

Greg Alexander  
16116 Stuebner-Airline Road  
Spring, TX 77379  
(281) 376-2225  
[www.activator.com](http://www.activator.com)

**Delgado Chiropractic Center**  
Alan E. Delgado, DC  
3810 Fairmont Parkway, STE H  
Pasadena, TX 77504  
(281) 487-3999  
[dcctexas@yahoo.com](mailto:dcctexas@yahoo.com)

**Lance Durrett**  
26603 I-45  
The Woodlands, TX 77380  
(281) 367-6900  
[diney1015@yahoo.com](mailto:diney1015@yahoo.com)  
[drdurrett@hotmail.com](mailto:drdurrett@hotmail.com)

**Sherry Durrett**  
7036 FM 1960  
Houston, TX 77090  
(281) 444-1000  
[www.drdurett.com](http://www.drdurett.com)  
[drdurett@msn.com](mailto:drdurett@msn.com)

**Sharon Gilbert**  
4625 North Frwy, #205  
Houston, TX 77022  
(713) 699-3200  
[gilbeic@yahoo.com](mailto:gilbeic@yahoo.com)  
[drsjg@yahoo.com](mailto:drsjg@yahoo.com)

**Leo Grim**  
1406 Vermont Street  
Houston, TX 77006  
(713) 522-6336  
[leogrim@wholehealthassoc.com](mailto:leogrim@wholehealthassoc.com)

**Arlan Hill, DC, BC**  
711 W. Bay Area Blvd, STE 620  
Webster, TX 77598  
(281) 557-7200  
[www.gcih.net](http://www.gcih.net)  
[gulfcoastihc@yahoo.com](mailto:gulfcoastihc@yahoo.com)

**Daryll James**  
5600 S. Willow, Suite 115  
Houston, TX 77035  
(713) 726-9111  
[daryllj@yahoo.com](mailto:daryllj@yahoo.com)

**Matt Kelly**  
1445 N. Loop W., #120  
Houston, TX 77008  
(713) 880-0759  
[doctorsmkelly@yahoo.com](mailto:doctorsmkelly@yahoo.com)

**James Le**  
9610 Westheimer Road  
Houston, TX 77063  
(713) 278-2225  
[drjamesle@texasspinalcare.com](mailto:drjamesle@texasspinalcare.com)

**Zack McVey, CSCS**  
711 W. Bay Area Blvd, STE 620  
Webster, TX 77598  
(281) 557-7200  
[www.gcih.net](http://www.gcih.net)  
[gulfcoastihc@yahoo.com](mailto:gulfcoastihc@yahoo.com)

**Barbara Nedry**  
1210 Allendale  
Pasadena, TX 77052  
(713) 472-4414  
[www.allendaleboneandjointclinic.com](http://www.allendaleboneandjointclinic.com)  
[drnedry@comcast.net](mailto:drnedry@comcast.net)

**Lisa Polet**  
230 Westcott, STE 215  
Houston, TX 77007  
(713) 880-4444  
[www.todayhealthcenter.com](http://www.todayhealthcenter.com)

**Mark Schultz**  
5555 West Loop South, #200  
Bellaire, TX 77401  
(713) 355-6466  
[schultzwellness@sbcglobal.net](mailto:schultzwellness@sbcglobal.net)

[Southland Chiropractic & Wellness](#)

Dale Sutherland  
3206 Manvel Road (FM 1128)  
Pearland, TX 77584  
(281) 997-8788  
[dsoutherland3@comcast.net](mailto:dsoutherland3@comcast.net)

**Caroline Williams**  
Information Pending  
(713) 522-3264  
[cdwrphdc@yahoo.com](mailto:cdwrphdc@yahoo.com)

[West University Wellness](#)

Caroline Long  
Sherman Yeager  
5186 Buffalo Speedway  
Houston, TX 77005  
(713) 490-2225  
[www.westuwellness.com](http://www.westuwellness.com)  
[dr.yeager@westuwellness.com](mailto:dr.yeager@westuwellness.com)

[Nutritionist](#)

**Cynthia Tate**  
1406 Vermont  
Houston, TX 77006  
(713) 522-6336  
[cynthiatate@wholehealthassoc.com](mailto:cynthiatate@wholehealthassoc.com)

[Wellness Resources](#)

Richards Byron J.  
(800) 717-9355  
[www.wellnessresources.com](http://www.wellnessresources.com)

[Educational Consultants](#)

**Regarding Wellness**  
Michelle Carruthers  
Onsite Wellness Consultant  
(713) 516-2967

**Ariella Haggard**  
1302 Waugh Drive, #144  
Houston, TX 77019  
(713) 864-9540  
[ariella6@swbell.net](mailto:ariella6@swbell.net)

**TheRoadBack**  
Jim Harper  
Onsite Wellness Consultant  
(818) 749-5515  
[www.theroadback.org](http://www.theroadback.org)

[Professional Fitness Instructor Training](#)

**Wayne Hunt**  
310 Morton Street, Suite 360  
Richmond, TX 77018  
(800) 899-7348  
[www.pfit.org](http://www.pfit.org)  
[rwhunt@pfit.org](mailto:rwhunt@pfit.org)

**Mark Hunter**  
230 Cypresswood Dr.  
Spring, TX 77318  
(281) 288-8322  
[www.club.anytimefitness.com/clubs/springtx](http://www.club.anytimefitness.com/clubs/springtx)  
[springtx@anytimefitness.com](mailto:springtx@anytimefitness.com)

**Derwin Holistic Therapies**  
Patricia McPherson  
20103 Aldine-Westfield Road  
Houston, TX  
(281) 209-2080

[Fitness Expert](#)

**Julie Donnelly**  
Information Pending  
(281) 381-0213  
[jd@juliedonnelly.com](mailto:jd@juliedonnelly.com)

**Ade Oluyemisi**  
Mobile Services  
(713) 962-0285  
[www.combfit.com](http://www.combfit.com)  
[adepeju@combfit.com](mailto:adepeju@combfit.com)

[Fitness Trainer](#)

**Althea Scott**  
12415 S. Rylander Circle  
Houston, TX 77071  
(713) 981-6748  
[scot\\_am@sbcglobal.net](mailto:scot_am@sbcglobal.net)

**Elizabeth's Joy of Fitness**  
Elizabeth Lehmann  
702 Coleman  
Dayton, TX 77535  
(936) 258-4738  
[www.lehmannart.com](http://www.lehmannart.com)  
[ctfarm@peoplepc.com](mailto:ctfarm@peoplepc.com)

[Nutritional Fitness Expert](#)

**James Mosbey**  
21502 Falvel Road  
Spring, TX 77388  
(281) 433-0067  
[jmosbey@sbcglobal.net](mailto:jmosbey@sbcglobal.net)

**Esthetician**  
Vana Keightley  
7115 Little Creek Court  
Cypress, TX 77433  
(281) 376-5994

[Massage Therapist](#)

**Thomas Carter**  
813 Delano Street  
Houston, TX 77003  
(713) 223-0608  
[www.themassageclub.biz](http://www.themassageclub.biz)  
[thomas@themassageclub.biz](mailto:thomas@themassageclub.biz)

**Lori Henisey**  
17726 Sorrel Ridge  
Spring, TX 77388  
(281) 444-0850  
[lhenisey@gmail.com](mailto:lhenisey@gmail.com)

**Carl Jerome, LMT**  
5555 West Loop South, #200  
Bellaire, TX 77401  
(832) 233-5488  
[cjeromermt@yahoo.com](mailto:cjeromermt@yahoo.com)

**Shelita Kimble**  
Information Pending  
(713) 569-2932  
[shelita@rejuvenatingbodyworks.com](mailto:shelita@rejuvenatingbodyworks.com)

**Rita Wilder**  
14311 Cypress Meadow Drive  
Cypress, TX 77429  
(281) 444-6070  
[hellogoodlookingdayspa@yahoo.com](mailto:hellogoodlookingdayspa@yahoo.com)

[Naturopathic Doctor](#)

**Holistic Health Alternatives**  
Dawn Ewing  
17222 Red Oak Drive, Suite 101  
Houston, TX 77090  
(832) 689-6510  
[www.drdawn.net](http://www.drdawn.net)  
[drdawn@drdawn.net](mailto:drdawn@drdawn.net)

**K. Akuk Gray**  
3006 Cedar Wing Court  
Missouri City, TX 77489  
(888) 333-4617  
[www.aprwi.com](http://www.aprwi.com)  
[akua@aprwi.com](mailto:akua@aprwi.com)

**Cleo Phillips**  
29903 Hawthorne Drive  
Spring, TX 77386  
(281) 788-7939  
[phillips4839@sbcglobal.net](mailto:phillips4839@sbcglobal.net)

[Naturopathy & Nutritional Counseling](#)

**Nutritional Transitions**  
John N. Moreno, Ph.D., FAAM, DCCN  
4219 Richmond Ave., Suite 202  
Houston, TX 77027 (713) 621-4406  
(713) 621-5010  
[www.Nutrans.Net](http://www.Nutrans.Net)

[Reflexologist](#)

**Rohanne Fullard**  
22111 Lakeland Gardens Court  
Katy, TX 77449  
(281) 398-2007  
[rohannefullard@hotmail.com](mailto:rohannefullard@hotmail.com)

**Meridith Hanna**  
2217 Hermann Drive, #B  
Houston, TX 77004  
(832) 233-1667  
[a\\_motherstouch@hotmail.com](mailto:a_motherstouch@hotmail.com)

**Peter Hanna**  
2217 Hermann Drive, #B  
Houston, TX 77004  
(281) 733-4601  
[peterhanna413@hotmail.com](mailto:peterhanna413@hotmail.com)

**Janet Lin**  
17835 Clearlight Lane  
Spring, TX 77379  
(281) 370-3419  
[fjanetlin@yahoo.com](mailto:fjanetlin@yahoo.com)

**Michelle Mitchell**  
9821 Riddle Link Lane  
Houston, TX 77025  
(713) 410-5876  
[michellewmm@hotmail.com](mailto:michellewmm@hotmail.com)

**Louis Nieto**  
10314 Greencreek Drive  
Houston, TX 77070  
(281) 894-8011  
[lnieto1@comcast.net](mailto:lnieto1@comcast.net)

**Ernesto Pedraza**  
16966 Northchase  
Houston, TX 77060  
(281) 874-5940  
[nutritionandnaturalhealth@gmail.com](mailto:nutritionandnaturalhealth@gmail.com)

**Elaine Salvaggio**  
22203 Fernrose Court  
Magnolia, TX 77355  
(281) 733-0443  
[elainesalvaggio@yahoo.com](mailto:elainesalvaggio@yahoo.com)

[3D Body Scans](#)

**LD Diagnostics Co.**  
Luba Diangar MS  
Houston, TX  
(832) 641-5179  
[www.bodyscandiagnosics.com](http://www.bodyscandiagnosics.com)  
[bodyscandiagnosics@yahoo.com](mailto:bodyscandiagnosics@yahoo.com)

[Heart Scan](#)

**Memorial Herman Wellness Institute**  
Michael Masters  
7731 Southwest Freeway  
Houston, TX 77074  
(713) 456-5879

[Ultrasound Screenings](#)

**Rick Freeman**  
Houston, TX 77092  
(832) 689-4162  
Call For Mobile Unit Information  
[RickFreeman@memlive.org](mailto:RickFreeman@memlive.org)

[Thermography](#)

**Center for Wellness and Healing**  
Floyd Atkins  
2002 Atkins  
Houston, TX 77004  
(713) 520-9611  
[www.centerforwellnessandhealing.com](http://www.centerforwellnessandhealing.com)

[Digital Infrared Thermal Imaging Cheliation, Detoxification](#)

**Dorothy Merritt, MD.**  
PPP Care Specialists  
6807 Emmett F. Lowry Exprwy,  
STE 103  
Texas City, TX 77591  
(409) 938-1770, Ext. 126  
(409) 938-0701  
[www.Meditherm.Com/Breasthealth](http://www.Meditherm.Com/Breasthealth)  
[pppclinic6@aol.com](mailto:pppclinic6@aol.com)

[Nutritional Transitions](#)

**Kathy Markham**  
4219 Richmond Ave., Suite 202  
Houston, TXB 77027  
(713) 621-4406  
(713) 621-5010  
[www.nutrans.net](http://www.nutrans.net)

Find out how you can join our program...  
Protect your entire household with all these  
Benefits for the Low Price of just \$59.95 per month!

[Click here to Become a National Access Plan Member](#)

[Click here to Request More Information](#)